

Laurie Chapman, M.S., MFC #35559

Experience

5/1/2003- Present Private Practice San Diego, CA

Licensed Marriage and Family Therapist

- Provide Individual, Couples, and Family Therapy;
- Trained in EMDR, Family Systems, Solution-Focused, and Brief Strategic approaches;
- Specializations include: Anxiety/Depression, Grief and Loss, Trauma Treatment, Women's Issues, Couples Therapy, Co-occurring Substance Abuse and Mental Health Treatment, Stress Management, Transition Issues, and Attachment.

2/1/2003 – 6/1/2006 SDSU Academy for Professional Excellence
San Diego, CA

Training Consultant

- Provided Stress Management workshops to Behavioral Health Professionals in San Diego County during contract period;
- Developed curriculum and interactive exercises;
- Received excellent program evaluation scores.

8/15/2001 - Present SDSU Family Therapy Department
San Diego, CA

Adjunct Faculty

- Teach Post-Modern and Post Colonial Multi-Cultural Family Therapy skills to graduate students;
- Develop and update curriculum and video materials

2/1/2000 – 9/31/08 San Diego Youth & Community Services
San Diego, CA

Associate Executive Director

Report to the Executive Director and work closely with the agency's Executive Team to ensure that the agency's mission and vision are accomplished. Responsible for the oversight and coordination of 36 county-wide programs focused on behavioral health, residential care, academic enrichment, and prevention services for at-risk youth and families. Serve as the Agency's Privacy Officer and ensure that the agency remains in compliance with HIPAA standards and regulations. Represent the organization to funding sources, political entities, the media, behavioral health associations, and community collaborations. Specific responsibilities include:

- Collaborate with the Executive Team to develop and implement the agency's strategic plan and public relations campaign to achieve organizational goals and objectives on an annual basis;
- Oversee agency-wide quality assurance and cultural competency standards and the implementation of evidenced-based practices;
- Work with the Resource Development Director and Executive Team to

sustain and expand current agency infrastructure and programs;

- Actively participate in fund development including proposal writing and contracting out such serves for private and public sector grants;
- Provide leadership, support, and supervision to Center Directors to promote program enhancement, quality service systems, and intra-agency communication systems across 200 employees with an emphasis in the clinical service arena;
- Ensure that services continue to meet the needs of the youth and families and communities we serve;
- In collaboration with the Human Resources Director, develop and implement agency-wide training standards and curriculum to strengthen core competencies and provide continuing education units to employees;
- In collaboration with the Executive Team, develop and monitor agency's \$11million annual budget to ensure a positive net cash flow at year end;
- Provide Clinical Services and Supervision including oversight of subpoena responses and clinical documents submitted to the courts;
- Represent Alcohol and Drug and Mental Health Providers as the Vice-Chair and Treasurer of Provider Associations;
- Developed a standardized agency-wide Program Policy and Procedure Manual that covers all aspects of the service delivery process including legal, ethical, and HIPAA requirements to ensure agency consistency across program services;
- Obtained \$2million in clinical services funding (EPSDT, MHSA, and Private) for the agency.

6/15/1998 – 2/1/2000 San Diego Youth & Community Services
San Diego, CA

Center Director

- Directed and marketed start-up of community-based social service and clinically-focused center in the East region of San Diego;
- Implemented and sustained nine county, state, and federal contracts;
- Executed and managed \$1 million budget;
- Supervised and maintained quality control standards for all contracts and 20 staff;
- Increased center revenue through the development of an EPSDT-funded medi-cal clinic;
- Developed EPSDT policies and procedures to ensure compliance with medi-cal billing and documentation standards;
- Represented the agency in 5 community collaboratives;
- Provided individual, group, and family therapy to delinquent youth;
- Ensured that center programs coincided with community needs.

5/1/1996 – 6/15/1998 San Diego Youth & Community Services
San Diego, CA

Foster Care Social Worker

- Provided individual and family counseling and case-management services to foster youth enrolled in the agency's certified foster homes;
- Treatment focused on attachment and bonding issues; healing past

- trauma; reunification, adoption support, and behavior management;
- Consulted with multi-disciplinary team of professionals;
- Developed and implemented quarterly treatment plans presented in court;
- Provided quarterly trainings on Foster Youth issues to Foster Parents;
- Ensured Foster Parent compliance with Foster Care Regulations and Foster Youth Rights.

5/15/1996 – 6/1/1998 San Diego City Schools San Diego, CA

Family Therapist

- Provided Family Therapy Services to severely emotionally disturbed youth and families referred through the school district;
- Developed and implemented treatment plans focused on improving family relational dynamics, strengthening family boundaries, violence reduction, improving communication patterns, and improving student academic performance;
- Services were provided one night a week for three hours

12/1/1994 – 4/15/1996 Chula Vista Elementary School District
San Diego, CA

KIDCO Counselor

- Provided individual and group counseling and play therapy services to elementary-aged youth;
- Conducted classroom observations and provided teachers with classroom interventions to mitigate acting out behaviors;
- Counseled families on behavioral issues and family dynamics;
- Evaluations indicated satisfaction with services and effective outcomes.

Education

1986-1991 University of California, Los Angeles

- **Bachelor of Arts in Psychology, Business Minor.**

1992-1994 San Diego State University

- **Master of Science in Counseling with an emphasis in Marriage and Family and Multi-Cultural Counseling**

Credentials

Licensed Marriage and Family Therapist since 1999
AAMFT-approved Clinical Supervisor since 2004
EMDR Certified Therapist

Professional Affiliations

American Association of Marriage and Family Therapists - Member
California Association of Marriage and Family Therapists - Member
Madanes-Robbins Human Services Council for Children - Member
Family and Youth Roundtable of San Diego – Board Treasurer
San Diego County Mental Health Contractor’s Association
San Diego County Alcohol and Drug Provider’s Association

**Workshops and
Training
Seminars**

2006 – SD County Mental Health Providers

"The Use of Self as a Path to Cultural Competency"

2003 to 2006 – Academy for Professional Excellence

"Stress in the 21st Century – How to Manage It in Your Personal and Professional Life"

January 2003 - SD County Children's Mental Health Providers

"Community Youth Development - Building Bridges with Youth"

May 2002 - San Diego State School of Social Work

"Treatment Modalities for Substance Abusing Adolescents"

April 2002 - Alcohol and Drug Services Provider's Association

"Treatment Modalities for Substance Abusing Adolescents"

2001 - Lakeside Union District Employees

"Critical Incident Stress Debriefing Model"

2001 - SD County Alcohol and Drug Providers Association

"Successful Interventions with Adolescents"

2001 - Youth Service Network State Conference

"Getting an "A" in School Partnerships"

2000 – Present – SDYCS Employees

Foster Parenting and Crisis Intervention

Professional Boundaries

Suicide Assessment and Crisis Planning

Service Planning and Documentation Standards

Introduction to the Wrap-Around Process

Family Systems Therapy Approach

Assessment and Treatment Planning for Case Managers and Therapists

Legal and Ethical Issues

Health Insurance Portability and Accountability Act

Group Facilitation Methods for School-Based Staff

Mother-Daughter Mediation Skills

Behavior Modification Throughout Development

Advanced Treatment Approaches with Adolescents

Substance Abuse Treatment with Adolescents

Dual Diagnosis Interventions